

## How to say 'pure sounds'

### Stretchy sounds:

m – mmmmmmmmmmmmmmmmountain (keep lips pressed together hard)

s- ssssssssssssssssssssnake (keep teeth together and hiss – unvoiced)

n – nnnnnnnnnnnnnnnnet (keep tongue behind teeth)

f – ffffffffffffffffffffflower (keep teeth on bottom lip and force air out sharply – unvoiced)

l – llllllllleg (keep pointed curled tongue behind teeth)

r – rrrrrrrrobot (say rrr as if you are growling)

v – vvvvvvvvvvvvulture (keep teeth on bottom lip and force air out gently)

z – zzzzzzzzzzig zzzzzzzzzzag (keep teeth together and make a buzzing sound)

th – thhhank you (stick out tongue and breathe out sharply)

sh – shhh (make a shh noise as those you are telling someone to be quiet!)

ng – thinnnnnnnnng on a strinnnnnnnnng (curl your tongue at the back of your throat)

nk – I think I stink (make a piggy oink noise without the oi! nk nk nk )

**These next sounds cannot be stretched. Make the sound as short as possible avoiding the 'uh' at the end of them.**

t – (tick tongue behind the teeth – unvoiced)

p – (make distinctive p with lips – unvoiced)

k – (make sharp click at back of throat)

c – as above

h – (say h as you breath out sharply – unvoiced)

ch – (make a short sneezing sound)

x – (say a sharp c and add s – unvoiced)

**It is harder to voice the 'uh' at the end of these sounds, but do try. .**

d – (tap tongue behind the teeth)

g – (make soft sound in throat)

b – (make a short, strong b with lips)

j – (push lips forward)

y – (keep edges of tongue against teeth)

w – (keep lips tightly pursed)

qu – (keep lips pursed as you say cw – unvoiced)

**The short vowels should be kept short and sharp:**

a – a a a a (open mouth wide as if to take a bite of an apple)

e – e e e e (release mouth slightly from a position)

i – i i i i (make a sharp sound at the back of the throat – smile)

o – o o o o (push out lips, make the mouth into o shape)

u – u u u u (make a sound in the throat)

**The long vowel sounds are all stretchy sounds:**

ay: may I play?

ee: ee what do you see?

igh: fly high

ow: blow the snow

oo: poo at the zoo

oo: look at a book (the children know this sound on the speed chart with eyes inside the os)

ar: start the car

or: shut the door

air: that's not fair

ir: whirl and twirl

ou: shout it out

oy: toy for a boy

### Useful websites and activities:

[www.phonicsplay.co.uk](http://www.phonicsplay.co.uk) – phonics games and activities to develop blending sounds to make words and reading

[www.ictgames.com](http://www.ictgames.com) – a mix of reading and maths games.

<http://www.bbc.co.uk/bitesize/ks1/> - some challenging phonics and number activities, but idea when your child becomes more fluent reading and applying number skills

<http://www.bbc.co.uk/cbeebies/alphablocks/> - lovely phonics sound clips and activities – particularly for helping children with letter names

Have you thought about . . .

Singing songs and rhymes?

Playing words games – I spy, Kim's Game (I went shopping and I bought . . .)

Telling and reading stories

Going for a nature walk and talking about what you can see, hear, touch?

Visiting the library?