



# Primary School Menu 2020 - 2021



## WEEK ONE

MEAT-FREE  
MONDAY

**Veggie Sausage ✓**

**Meat Free Pasty ✓**

Creamed Potatoes • Broccoli & Carrots  
Homemade Chocolate Brownie



TUESDAY

**Traditional Roast Dinner**

**Quorn Fillet in Gravy ✓**

Boiled & Roasted Potatoes  
Cauliflower & Green Beans  
Iced Lemon Sponge and Custard



WEDNESDAY

**Cheese & Tomato or Pepperoni Pizza with Wedges**

**Tortellini Pasta in a Tomato Sauce ✓**

Mixed Salad or Sweetcorn  
Fruity Cheesecake



THURSDAY

**BBQ Pulled Pork in a Mini Yorkshire Pudding**

**Quorn Casserole in a Mini Yorkshire Pudding ✓**

Baby Potatoes • Carrots & Sweetcorn  
Pineapple Upside Down Cake & Custard



FRIDAY

**Traditional Fish & Chips**

**Homemade Cheesy Leek Slice & Chips ✓**

Baked Beans or Peas  
Bread & Butter

Mini Donuts with a Fruity Dipping Sauce



## WEEK TWO

MEAT-FREE  
MONDAY

**Margherita Pizza ✓**

**Cheese & Red Onion Quiche ✓**

Jacket Wedges  
Mixed Salad or Sweetcorn  
Iced Chocolate Sponge



TUESDAY

**Minced Beef Pie or Chicken & Leek Pie with Creamed Potatoes**

**Quorn Katsu Curry ✓**  
with **Brown Rice**

Broccoli & Carrots  
Ice-cream Tubs & Fruit Slices



WEDNESDAY

**All Day Breakfast Brunch**

**Vegetarian Breakfast Brunch ✓**

Jelly & Fruit Salad



THURSDAY

**Traditional Roast Dinner**

**Quorn Fillet in Gravy ✓**

Boiled & Roasted Potatoes  
Broccoli/Cauliflower & Carrots  
Flapjack with Custard



FRIDAY

**Fish Fingers\* or Fishless Fingers ✓**  
with Parsley Sauce and Creamed Potatoes

**BBQ Quorn Buns ✓**

Potato Wedges • Baked Beans or Peas  
Vanilla & Choc Cookie & Milkshake



MEAT-FREE  
MONDAY

## WEEK THREE

**Margherita Pizza ✓**  
with **Potato Wedges**

**Freshly Made Macaroni Cheese or Tortellini Pasta in Tomato Sauce ✓**

Mixed Salad or Sweetcorn  
Freshly Made Shortbread with Custard



TUESDAY

**Chicken Tikka Masala**

**Veg & Chickpea Masala ✓**

Brown & White Rice  
Mixed Salad or Green Beans  
Jelly & Fruit Salad



WEDNESDAY

**Toad in the Hole with Mini Sausages or Veg Sausage ✓**

**Veg Sausage Roll ✓**

Creamed Potatoes  
Green Beans & Carrots  
Iced Sponge & Custard



THURSDAY

**Homemade Lasagne**

**Veggie Meatballs in a Tomato Sauce ✓**  
with **Wholemeal Spaghetti**

Mixed Salad or Green Beans  
Ice-cream Tubs & Fruit Slices



FRIDAY

**Traditional Fish & Chips**  
**Quorn Dippers & Chips ✓**

Garden Peas or Baked Beans  
Bread & Butter  
Chocolate Muffins



**Available daily:**

Jacket Potatoes, Sandwiches,  
Wraps & Baps with various fillings

Freshly Made Bread, Salad Bar,  
Fresh Fruit or Fruit Salad

Milk, Yoghurt,  
Cheese & Crackers

\*salmon & cod provided

## MENU PRICING



All children in Reception, Year 1 and Year 2 can enjoy school meals for free. Children in Years 3 and above may be able to claim free school meals\*.

To apply, contact your child's school or the Local Authority on **01902 554128** or email **freeschoolmeals@wolverhampton.gov.uk** for more information. Your child's school will let you know if and how much you will need to pay for school meals. Alternatively, please contact Jo Smith, Service Development Team Leader, on **01902 554283** or by email **jo.smith@wolverhampton.gov.uk**

\*eligibility criteria apply, visit **wolverhampton.gov.uk/freeschoolmeals** for more information

## LUNCHTIME THEME DATES

Theme days are a firm favourite with the children especially Christmas lunch where staff and pupils join together to enjoy some traditional Christmas fare.

Schools may choose their own theme days throughout the year as well as the favourites below

**Bonfire Night** – 5th November 2020

**Christmas Lunch** – December 2020

**St George's Day** – 23rd April 2021

Please check with your child's school for further details.



## FOOD WELFARE

Catering Services Primary Menu has been given the Bronze Food for Life Award for the last 6 years All meat products used on our menu are British Red Tractor or Farm Assured certified. We only use free range eggs. All fish on our menu is from sustainable stock.



## FOOD ALLERGIES

Some of our menu items contain allergens, including: Cereals containing Gluten, Milk, Eggs, Fish, Shellfish, Soya, Celery, Mustard, Sulphites, Sesame and Lupin. Peanuts and Nuts are also classed as allergens, but these are not used on our menu. Our professional and dedicated catering team are able to provide details of food allergens on request. We are able to cater for medically diagnosed food allergies and intolerances by working closely with the dieticians at New Cross Hospital. This menu is provided to schools across Wolverhampton, however, some schools may request changes or provide an additional choice. For more information on allergies or special diets please visit:

**wolverhampton.gov.uk/catering** or contact Catering Services on **01902 555223** or **cateringcleaning@wolverhampton.gov.uk**

CITY OF  
WOLVERHAMPTON  
COUNCIL



INVESTORS  
IN PEOPLE | Silver  
Unit 2021



WELCOME TO YOUR

# Primary School Menu

Provided by Catering Services  
City of Wolverhampton Council



## 2020 LUNCHTIME TERM DATES

WEEK ONE	WEEK TWO	WEEK THREE
1st Sept	7th Sept	14th Sept
21st Sept	28th Sept	5th Oct
12th Oct	19th Oct	2nd Nov
9th Nov	16th Nov	23rd Nov
30th Nov	7th Dec	14th Dec

## 2021 LUNCHTIME TERM DATES

WEEK ONE	WEEK TWO	WEEK THREE
4th Jan	11th Jan	18th Jan
25th Jan	1st Feb	8th Feb
15th Feb	1st Mar	8th Mar
15th Mar	22nd Mar	29th Mar
19th Apr	26th Apr	3rd May
10th May	17th May	24th May
7th June	14th June	21st June
28th June	5th July	12th July
19th July		